

SERVICES PROVIDED

Child, Adolescent & Adult
Psychopharmacology Consultations &
Medication Management

Family, Couples & Group Therapy

Individual Therapy / Counseling

Pharmacogenetic Testing Services

Women's Mental Health

Postpartum & New Parents Support

Parenting Support & Education

Career Exploration & Coaching

Nutrition Counseling & Evaluations

Multiple Therapy Styles: CBT-Cognitive
Behavioral, Mindfulness, Solution-

Focused, Psychodynamic, Attachment,
Positive Psychology, Somatic, EMDR

Services by Affiliated Providers:

Integrative Medicine Services

Neuromusculoskeletal & Osteopathic
Manipulative Medicine

Psychological Testing &
Neuropsychological Evaluations

**Call (949) 499-2265
to schedule an
appointment**

SPECIALTIES

Adolescent & Young Adult Mental Health

Integrative Mental Health/Psychiatry

Psychopharmacology Consultations

Depression & Bipolar Disorders

Women's Mental Health: Pregnancy,
Postpartum, Infertility & Menopause

Anxiety Disorders: Social Anxiety, OCD,
Panic, Generalized, Phobias, Etc.

Grief, Loss & Trauma/PTSD

LGBTQ Mental Health & Gender Issues

Addiction Psychiatry/Mental Health

First Responders: Fire, Police, EMS

Attention & Learning Disorders

Parenting, Family & School Issues

Attention & Learning Disorders

Intimacy & Relationships

Life & Career Transitions

Laguna Family Health Center

32392 S. Coast Hwy, Ste. 250

Laguna Beach, CA 92651

Phone: (949) 499-2265

Fax: (949) 499-2276

www.lagunafamily.com



**Child, Adolescent
and Adult Psychiatry
& Psychotherapy**

**Nutrition, Health &
Education Services**



**Orange County's
Premier Integrative
Health Practice**

Medical Team

HOLLY VILORIA, NP

Psychiatric Nurse Practitioner & CEO/Owner

Specialties: integrative psychiatry, adolescent health, psychopharmacology, depression, LGBTQ, addiction, women's mental health

DOUG WAGEMANN II, NP

Psychiatric Nurse Practitioner

Specialties: trauma/PTSD, anxiety disorders, depression, bipolar disorder, addiction, adolescents & young adults, chronic illness

TIFFANI GHERE, RD

Registered Dietician

Specialties: disordered eating, medical issues, pediatric & teen nutrition, food allergies

Administrative Team

KERRY JOHNSON-Office Manager

DEENA MARTIN-Executive Assistant

MISSION STATEMENT

Our mission is to provide the highest quality mental health care that promotes empowerment, enhances wellness and strengthens our community.

PHILOSOPHY

We believe in integrative care that focuses on all aspects of health. Our team collaborates with each client and family to develop individualized plans for wellness, prevention, treatment and recovery.

Therapy & Education Team

DARA CORTES, LCSW

Licensed Clinical Social Worker

Specialties: adolescents, young adults, depression, anxiety, CBT, foster/adoption, parenting issues, LGBTQ, life transitions, relationships, addiction

AIMIE WOODS, LCSW

Licensed Clinical Social Worker

Specialties: trauma/PTSD, EMDR, CBT, anxiety, pregnancy, postpartum, depression, bipolar, grief & loss, LGBTQ, young adults

ETANA KEMPNER, LCSW

Licensed Clinical Social Worker

Specialties: grief & loss, men's mental health, anxiety, geriatrics, chronic illness, life transitions

CRYSTAL JERABEK, M.Ed.

Career Planning & Exploration Coach

Specialties: young adults, career exploration, personality & career testing, life skills, millennials

OFFICE HOURS

Admin/Phones: M-Th: 8:30-6:00, F: 8:30-12:00,
closed 12-1 for lunch, Clinician appts until 7pm

(949) 499-2265



Fees & Insurance

CHILD, ADOLESCENT & ADULT PSYCHOPHARMACOLOGY

Initial 60-90 min Intake Appt: \$375+

20-30 min Medication Follow-Up: \$195

45-60 min Individual Therapy \$250-\$295

THERAPY SERVICES

Initial 60 min Intake Appt: \$195+

60 min Individual Session: \$175+

60 min Family/Couples Session: \$225+

NUTRITION SERVICES

Initial 60 min Intake Appt: \$160

30-60 min Follow-up Session: \$80-\$160

COACHING SERVICES

Initial 60-90 min Intake Appt: \$125-\$175

90min Assessment/Testing Session: \$200

30-60 min Follow-up Sessions: \$85-\$150

INSURANCES ACCEPTED

Aetna POS/PPO (All Providers)

Blue Shield HMO/PPO (Therapists)

Magellan HMO/PPO (Therapists)

Other PPOs (Out of Network/Superbills)

Other Affiliated Providers at office:

ELLY SHAHABI-ABNEY, DO

Center for Integrative Osteopathic Medicine

Board Certified Family Medicine Physician

Neuromusculoskeletal Medicine (NMM) &

Osteopathic Manipulative Medicine (OMM)

www.centerforiom.com

BONNIE YEE-HEBERT, PSYD

BYH Psychology Consultation, Inc.

Licensed Clinical Neuropsychologist

Psych & Neuropsychological Testing-all ages